

KS1 Relationships: Our Special People



Looking after each other
Week 2



We are learning about the special people in our lives and how we care for each other

We will be able to:

- ✓ identify people who are special to us (our own special people)
- ✓ explain what makes them special and why they are important to us
- ✓ describe how our special people care for us
- ✓ recognise how we can show we care for people special to us

Special people

Near and far...

We may not be with our special people all the time. Maybe they live far away from us, or can't come and visit often. There might be lots of reasons why we can't see our special people when we want to.

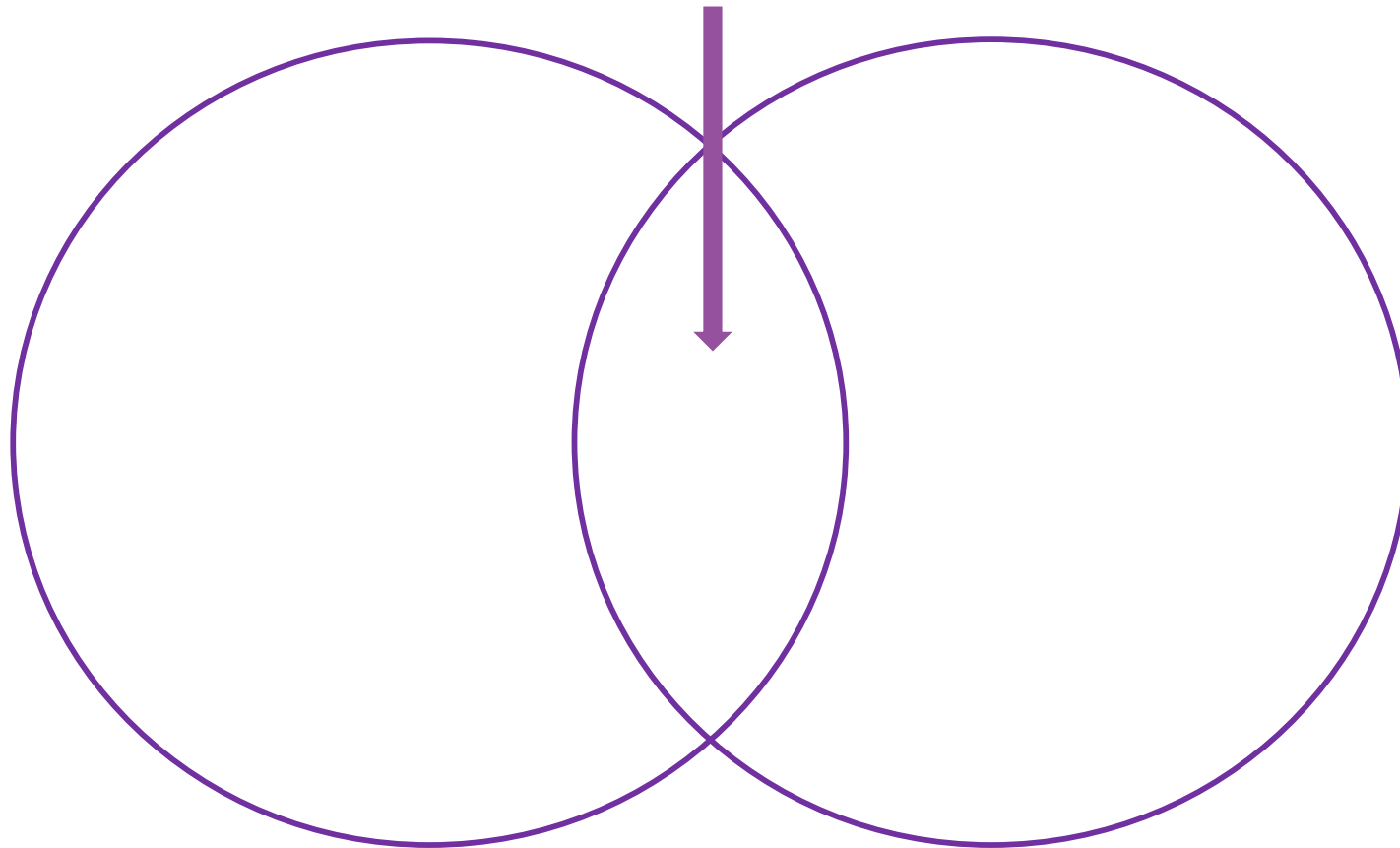
But it's still important to let them know we care.



How can we show we care?

Use the list in **Resource 2** to sort the ideas. Add some ideas of your own. If there are things that could go in both circles, put those in the middle.

**Things we
can do for
special
people we
see all the
time**



**Things we can
do for special
people we only
see sometimes
or not very
often**

Resource 2 — Ways we care for special people

Helping with the washing

Giving them a hug

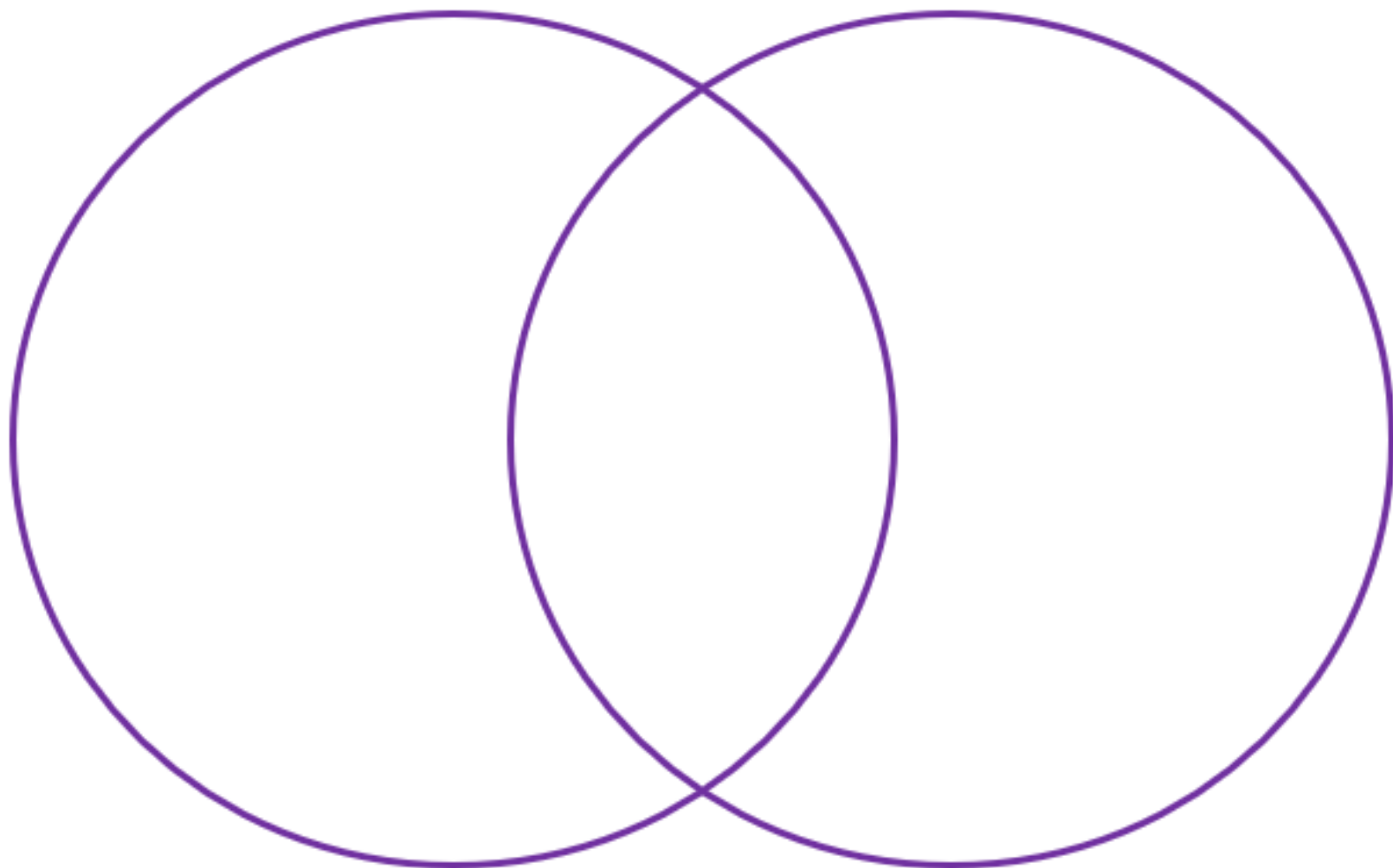
Phoning to say hello

Drawing them a picture

Tidying my toys

Sending them a card or email

Saying 'Thank You'



Missing our special people

When we can't see our special people as often as we'd like, it can sometimes make us feel sad.

If you miss seeing someone special a lot and feel worried about them, remember to talk to an adult you trust — your mum, dad or the person who looks after you.

They can help you catch up with your special people.



Special People – Looking after each other

Where are we now?

Well done on completing the activities!

Now go back to the ‘What’s your starting point?’ activity from week 1.

Draw or write about the different ways friends and family show they care for each other.



- Is there anything you would like to change?
- Is there anything you would like to add?



Additional activity

Think about what you can say and do to let your special person know they are special.

Make a thank you card for a special person (someone you know well).

Use these questions to help you:

- Why are they special to you?
- What would you like to thank them for?

