

# St. Michael's C of E Primary School

Residential to Winmarleigh Hall

Monday 13<sup>th</sup> November - Friday 17<sup>th</sup> November

# Where are we going?



Winmarleigh Hall

Lancashire

Set in 50 acres of parkland

Adjacent to the Forest of Bowland

En-suite accommodation

Rooms sleep 4-10 guests.

# Room Allocation

Rooms sleep 4-10 guests.

Children will be allocated to rooms on arrival.

Time spent in rooms is minimal - sleeping, changing and washing.

Girls and boys will be separate.

# We recommend old clothes - so it doesn't matter if they get dirty or muddy!

## Clothing

- Your arms will need to be covered to do some activities.
- T-shirts
- Long sleeved shirt/T-shirts
- Waterproof jacket
- Fleeces/jumpers
- Trousers or leggings - but not jeans as they get heavy and cold when wet
- Your socks will need to cover your ankles to do some activities
- Underwear and socks
- 1 or 2 sets of clothes for the evening
- Suitable nightwear

## Footwear

- 2 pairs of trainers - 1 for activities / 1 old pair for water sports
- 1 pair of dry shoes for evening

# We recommend old clothes - so it doesn't matter if they get dirty or muddy!

## OTHER ITEMS

- 2 towels
- 1 for showering
- 1 old one for activities
- Plastic drink bottle
- Small rucksack/bag
- Labelled bin bag for wet and dirty clothing
- Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)

## PLEASE DO NOT BRING

- x Electrical devices / mobile phones
- x Computer games
- x Jewellery/valuables
- x Aerosols

# Does my child need to bring pocket money?

Children are welcome to bring some pocket money with them for their stay. Our centres provide gift shops where they can purchase branded and non-branded goods, including stationery, T-shirts, caps and confectionery.

# Food

If children have special requirements we can let the centre know before.

There are freshly-prepared hot or cold options available at every mealtime and a self-service salad bar for children to help themselves to as much salad as they like at lunch and dinner. Homemade soup is available most days and there is plenty of bread and fresh fruit available, as well as hot and cold drinks.

MONDAY	TUESDAY
<b>Breakfast</b>	<b>Breakfast</b>
Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas  Pork Sausages (V) Quorn Sausages Omelette Baked Beans Tomatoes Seasonal Fresh Fruit Hot & Cold Drinks	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas  Bacon (V) Vegetable Sausages Scrambled Eggs Baked Beans Tomatoes Seasonal Fresh Fruit Hot & Cold Drinks
<b>Lunch</b>	<b>Lunch</b>
Homemade Soup of the Day Choice of Breads  Pizza with a Choice of Meat or Vegetarian Toppings Potato Wedges  Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads  Baguette or Wrap Choice of Meat & Vegetarian Fillings Ready Salted Crisps  Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks
<b>Dinner</b>	<b>Dinner</b>
Homemade Soup of the Day  Honey and Lemon Chicken Creamy Parmesan White Fish Pie (V) Sun-dried Tomato, Basil and Mozzarella Pasta Bake Couscous or New Potatoes Green Beans & Carrots  Seasonal Fresh Fruit & Salad Bar Cheesecake Hot & Cold Drinks	Homemade Soup of the Day  Fish Fingers Beef Lasagne (V) Chickpea and Vegetable Rogan Josh with Mushroom Biryani Chips Baked Beans & Sweetcorn  Seasonal Fresh Fruit & Salad Bar Apple and Fruits of the Forest Crumble with Custard Hot & Cold Drinks

# Activities

There are a number of activities that the children can take part in. We will choose the activities before we go but this is an example time table.

Sample programme for a 5 day Multi-Activity course for Primary Schools					
	Day 1	Day 2	Day 3	Day 4	Day 5
Breakfast					
09.00-10.30		High Ropes Course	Giant Swing	Archery	Climbing
10.30-12.00		Quad Biking	Canoeing	Vertical Challenge	Tunnel Trail
Lunch					
14.00-15.30		Abseiling	Trapeze	Raft Building - session 1	Depart for home
15.30-17.00	Arrive & unpack	Jacob's Ladder	Zip Wire	Raft Building - session 2	
Dinner					
Evening	Quiz	Ambush	Casino Night	Disco	



# Cost

- The total cost of this week including all transport, accommodation, hire of equipment and insurance is approximately £250.00 per child.
- If you wish your child to take part, an initial deposit of £48.00 must be paid on Parent Pay by 9am on Friday 30<sup>th</sup> June.
- A further £72.00 will need to be paid by Friday 1<sup>st</sup> September on Parent Pay.
- The final balance needs to be paid by Monday 18<sup>th</sup> September.
- Please note that if your child's payments are NOT made in full before going on the trip then your child will, unfortunately, be unable to attend and any deposit taken cannot be refunded.

Any Questions?

[www.pgl.co.uk/parents](http://www.pgl.co.uk/parents)

<http://www.pgl.co.uk/en-gb/adventure-holidays/centres/winmarleigh-hall#.WUPzFGaWzIU>